

Notice of Exposure to Contagious Disease

Center: _____

Date: _____

Dear Parent or Legal Guardian:

A child in our program has: HAND-FOOT-AND-MOUTH DISEASE

Information about this disease:

The disease is spread by: Contact with saliva from the infected person or fluid from the blisters or the infected person's stool (bowel movement)

The Symptoms are: Sores in the mouth followed by a rash of tiny painful blisters on the hands and feet. The child may also have mild fever, sore throat and a stomachache.

The disease can be prevented by: Avoid contact with saliva and stool.

When should children with this illness be excluded? Children diagnosed with Hand-Foot-and-Mouth Disease do not need to be excluded from childcare.

What the program is doing to reduce the spread:

1. Good hand washing
2. Washing all mouthed toys
3. Teach children to not put anything in their mouths

What you can do at home to reduce the spread:

1. Good hand washing
2. Avoid contact with saliva & stool
3. Don't share food or eating utensils.

If your child has any symptoms of this disease, call your health care provider to find out what to do and be sure to tell them about this notice. If you do not have a regular health care provider to care for your child, ask staff here for a referral. If you have any questions please contact:

Family Worker/Home Visitor

Phone Number